It is week 9 and the end of the term and Easter are in our sights. Tomorrow is the Small Schools Athletics Carnival at Woodberry Oval. We hope that all our students have a wonderful day of fun. There will be a child at the carnival with a **severe nut allergy**. Please don't include any nut products in your child's lunch. Don't forget sunscreen, hats and water. As per the permission note, the back-up date for the carnival is Wednesday 2nd April 2014.

The children have been using the Mathletics and Spellodrome websites at school, and can access these from home. The students need a Username and password which are available from the office.

Our iPads are up and running and the students are becoming familiar with their use. Under the guidance of Mrs Manning, some excellent Tellagami movie clips have been produced. “What is that?” we hear you ask. Voice recording, photos and a created character are brought together in a movie clip, which is saved and uploaded. You can access these clips from home by accessing the Martins Creek Public School website, clicking on the 'Our Classroom' tab and clicking the link in the 'Literacy' tab. Have fun!

**A word from our Chaplain . . .**

What is the difference between self confidence and self esteem?

- Both self confidence and self esteem relate to your perception of yourself, the former relates to your perception of your abilities and the latter relates to your perception of your worth or value.

- Both concepts are closely related and those with low self confidence will often have low self esteem and vice versa.

You can find an extract from a short course on Developing Self Confidence, Self Esteem and Resilience at:


As parents and carers we are often concerned with protecting our children from physical harm, so we try to make a safe environment in which they can live, learn and play. We want them to get on with others and to succeed in life and so we encourage them to participate in a range of cultural and sporting activities, but we also want them to be safe. Caring, stable and supportive environments help children to grow up with confidence, prepared to try new things, to explore and test things, because they know they have a secure home. Of course things do not always go as we would wish and we can all expect setbacks and problems. Our children learn to cope by being encouraged to try new things, but knowing that failure is nearly always part of the learning experience. In recent times there has been a great deal of emphasis put on self-esteem, which is very important, but should also be linked to resilience: the ability to handle frustrations and obstacles. The process of learning frequently involves repetition, even repeated failure, before there is success. So we need to recognise failure and embrace it as part of learning. This, along with a supportive environment will help in the development of resilience.

There is valuable information about resilience on the Kids Helpline website:


John Hingston
A couple of messages from ‘outside’ our school:


Talented dancers and professional dance teachers Hanna Trott and Eden Read will be performing and teaching at events at the **Woodville School of Arts** on 4 and 5 April.

On **Friday 4 April** they will host and perform at a vibrant dance and dinner evening at the School of Arts, from 7pm. Full buffet dinner and performance: $55 per head. Dress up! (but you don’t have to be formal). BYO alcohol. Soft drinks available.

On **Saturday 5 April** Hannah and Eden will run three lively and creative dance sessions for children to improve their skills – in tap, circus and jazz.

- 9 am – 11 am. Ages 12 – 15. $15.00
- 1pm – 2pm. Ages 5 – 8. $5.00
- 2pm – 4 pm. Ages 9 – 11. $15.00

Hannah is a graduate of the National Institute of Circus Arts Melbourne, an aerialist, an ex-Disney Princess, and a professional dancer who has performed widely in Europe, Asia and Australia. Eden is a dancer, choreographer and dance teacher, including in tap, jazz and musical theatre. He has performed in musicals including *Hello Dolly*, *Sunset Boulevard*, and toured internationally with the Irish tap show *Spirit of the Dance*. He is a Bachelor of Dance from the Victorian College of the Arts.

Both Hannah and Eden currently teach in schools in Victoria, and have appropriate child protection clearance.

For booking or more information please contact: [woodvillesoa@gmail.com](mailto:woodvillesoa@gmail.com)

**Viv Read** 0414 294 339
**Lis Smark** 0408 660 638

Events on both days are fundraisers for the Woodville School of Arts maintenance fund.